

# 2011



## Iowa Department of Public Health Inventory of Programs to Assist Homeless Iowans

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Iowa Department of Public Health

Bureau of Family Health

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The Iowa Department of Public Health (IDPH) manages several programs that intersect with the mission and goals of the Iowa Council on Homelessness. The following list represents the work within six Divisions and ten Bureaus who can serve as a resource. While IDPH is unable to offer monetary support to homeless outreach grantees, our programs provide valuable resources that can assist the Iowa Council on Homelessness in its work with homeless populations.

Along with securing safe, decent and affordable housing and creating a sustainable economic environment, obtaining access to comprehensive health care is essential to Iowans who experience homelessness. The Iowa Department of Public Health is available to provide the tools, information, and resources necessary to bridge this gap for families and individuals. IDPH is a necessary partner in advocacy for policy changes that positively impact homeless.

## Division of Acute Disease Prevention and Emergency Response

### **Bureau of Immunization and TB**

**Program:** Immunization

**Contact:** Tina Patterson

**Program Description:** The Iowa Immunization Program offers hepatitis B and hepatitis A to adults with high risk factors through eight county STI clinics located in Council Bluffs, Siouxland, Polk, Linn, Johnson, Black Hawk, Scott, and Des Moines. These clinics receive state purchased vaccine and must comply with proper documentation and screening for the VFC Program.

**Program:** TB

**Contact:** Allan Lynch

**Program Description:** Homeless shelters have been associated with TB outbreaks in the United States including Iowa. Homeless persons are included in the high-risk classification for developing TB disease by CDC as they suffer disproportionately from a variety of health problems, including TB. Detecting, treating, and preventing TB in this special population benefit not only persons who are homeless, but society at large. Shelter staff play an important role in communicable disease detection and prevention. Our recommendations for Prevention and Control of TB for Homeless Shelters can be found at:

<http://www.idph.state.ia.us/ImmTB/TB.aspx?prog=Tb&pg=TbHomeless>.

## **Division of Behavioral Health**

### **Bureau of HIV, STD, & Hepatitis**

**Program:** Ryan White Part B Program

**Contact:** Amy Wadlington

**Program Description:** The mission of the Ryan White Part B Program, which includes the AIDS Drug Assistance Program (ADAP), is to meet the health care needs of persons living with HIV disease by funding primary health care and support services that get people into primary medical care and help them stay in care. This includes providing direct access to life-saving medications through the ADAP. The intention of the programs is to reduce the use of more costly inpatient care, increase access to care for underserved populations, and improve quality of life for those affected by the epidemic. Twelve agencies throughout the state offer case management, financial assistance, and support services. A centralized pharmacy sends medications to persons enrolled in ADAP.

The Part B Program also works closely with the Housing Opportunities for People with AIDS (HOPWA) program, which is administered by the Iowa Finance Authority and provides housing assistance to low income individuals and families in Iowa living with and affected by HIV/AIDS. All HOPWA providers are also Part B providers.

### **Bureau of Substance Abuse**

**Program:** Access to Recovery

**Contact:** Kevin Gabbert

**Program Description:** Access to Recovery (ATR) is a four-year grant awarded to Iowa in 2010 by the Substance Abuse and Mental Health Services Administration (SAMHSA). The intent of the grant is to assist individuals recovering from addiction by funding Recovery Support Services such as Transportation, Child Care, and Transitional Housing. Individuals are admitted into the ATR program through one of our Care Coordination providers located across the state. To be eligible, individuals must be at or below 200% of the Federal Poverty Level guidelines and be in their first year of recovery from addiction. For more information on ATR, visit our website: at [www.idph.state.ia.us/atr](http://www.idph.state.ia.us/atr).

**Program:** Iowa Gambling Treatment Program/ Recovery Support Services

**Contact:** Mark Vander Linden

**Program Description:** The Iowa Gambling Treatment Program offers problem gambling treatment to any Iowan, regardless of ability to pay as long as they meet two or more diagnostic criteria for pathological gambling. In addition, the program offers a menu of recovery support services to persons meeting eligibility criteria. These services are specific to persons whose gambling has caused them to be homeless or at significant risk of losing their home. They include:

Service	Description
<b>Life skills coaching</b>	Individual coaching with clients to develop the skills that help individuals make informed decisions, manage finances, communicate effectively and develop coping and self management skills that assist their recovery. Assistance in this category may provide for financial counseling.
<b>Housing Assistance</b>	Short term housing in a safe and recovery-oriented environment for clients with no other housing alternatives conducive to recovery. Housing may be provided in a facility for individuals in recovery or in a facility providing related services in the community.
<b>Recovery Peer Coaching</b>	Face-to-face meetings and recovery calls between the client and a recovery Peer Coach to discuss routine recovery issues from a peer perspective. A maximum of 4 hours of contact per month will be reimbursed.
<b>Electronic Recovery Support Messaging</b>	One-way electronic communication sent to a client intended to support recovery, improve health, life quality and wellness.
<b>Supplemental Needs</b>	
<b>Supplemental Needs Utility Assistance</b>	Assistance provided to clients for the purpose of addressing past due utilities or deposits that will assist in establishing or maintaining their residence. Utility assistance can be used for past due bills that are interfering in the client's ability to obtain housing. Utility bills must be in the client's name
<b>Supplemental Needs Clothing/Hygiene</b>	Assistance provided to clients to purchase clothing and hygiene products that supports the client's recovery. Hygiene products are limited to soap, shampoo, toothpaste, deodorant, shaving needs, feminine hygiene products and dental products.
<b>Supplemental Needs Education</b>	Assistance provided to clients for the purpose of completing or continuing educations. This service may be used for GED coursework and testing, English as a second language classes (ESL), or educational materials and tuition at a secondary educational institution.
<b>Supplemental Needs Gas Cards</b>	Transportation assistance in the form of gas cards to be given directly to the client for the purpose of transportation to and from an activity related to a client's recovery. Gas cards may not be used solely for the purpose of transportation to and from work. Client must provide proof of gas purchase.
<b>Supplemental Needs Wellness</b>	Assistance provided to clients for the purchase of items or services that support improved health. This may include an eye exam or the purchase of eye glasses or contact lenses, fitness memberships (excluding family memberships), smoking cessation, or nutrition counseling.
<b>Supplemental Needs Housing Rental Assistance</b>	Assistance provided to clients for housing rental costs incurred in the client's name and conducive to the client's recovery. Client must provide proof of lease. Rent cannot be paid to a family member.
<b>Supplemental Needs Bus/Cab</b>	Transportation by bus or cab to and from an activity related to the client's recovery.

## Division of Environmental Health

### Bureau of Environmental Health Services

**Program:** Healthy Homes Initiative

**Contact:** Mindy Uhle

**Program Description:** The Healthy Homes Initiative is a collaboration of programs housed at the Iowa Department of Public Health, other public health entities and other organizations. The goal of this initiative is to increase awareness of health and housing issues in Iowa. The initiative supports training on housing issues and provides informational materials to the general public.

## Division of Tobacco Use Prevention and Control

**Program:** Quitline Iowa

**Contact:** Aaron Swanson

**Program Description:** Quitline Iowa is a free tobacco cessation helpline available 24 hours a day, seven days a week. Trained tobacco cessation counselors can provide ongoing help and support to overcome addiction to nicotine.

## Division of Administration and Professional Licensure

### Bureau of Health Statistics

**Program:** Vital Records and Statistics

**Contact:** Jill France

**Program Description:** The Bureau files and permanently stores records of birth, death, and marriage of events that occur in the State. Upon written application and presentation of proof of identity certified copies are issued to entitled persons.

**Division of Health Promotion and Chronic Disease Prevention**

**Bureau of Local Public Health Services**

**Program:** Volunteer Health Care Providers Program

**Contact:** Diane M. Anderson

**Program Description:** As a potential resource, this program could provide a listing of the participating free clinics that provide access to health care for lowans in need.

**Bureau of Chronic Disease Prevention and Management**

**Program:** Diabetes

**Contact:** Laurene Hendricks

**Program Description:** Community health centers and free clinics provide services to people with diabetes who are uninsured or underinsured, and there are prescription assistance programs available. Outpatient diabetes education is a covered benefit (with restrictions) for Medicare and Medicaid members, and for many with private insurance.

**Program:** Care for Yourself

**Contact:** Lindsey Drew

**Program Description:** This program provides appropriate, recommended breast and cervical cancer screening and diagnostic services to low-income, underinsured or uninsured for women ages 40-64 years of age.

**Program:** WISEWOMAN

**Contact:** Lindsey Drew

**Program Description:** This program provides appropriate, recommended cardiovascular screening and diagnostic services and cardiovascular-related intervention services to low-income, underinsured or uninsured for women ages 40-64 years of age.

**Program:** Heart Disease and Stroke Prevention Program

**Contact:** Terry Meek

**Program Description:** The goal of this program is to reduce Iowa's heart disease and stroke mortality and morbidity through the following activities:

- Raise awareness, increase screening, and prevent and control of high blood pressure
- Raise awareness, increase screening, and prevent and control of high blood cholesterol,
- Improve the quality of cardiovascular care
- Improve emergency response for those having heart attacks and strokes,
- Increase awareness of the signs and symptoms of heart attack and stroke and the importance of calling 9-1-1
- Increase the quality of life of those affected by heart disease and stroke, especially disparate populations, through public and professional education programs and activities.

#### **Bureau of Nutrition and Health Promotion**

**Program:** Supplemental Nutrition Program for Women, Infants and Children (WIC)

**Contact:** Jill Lange

**Program Description:** WIC (Women Infants, & Children) is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies. The Iowa WIC Program phone number is 1-800-532-1579.

#### **Bureau of Family Health**

**Program:** Title X Family Planning

**Contact:** Denise Wheeler

**Program Description:** Iowa has many health clinics that offer family planning services. Services at public Title X family planning clinics are available to all Iowa residents regardless of religion, race, color, age, gender, number of pregnancies, or marital status. Services are free for people enrolled in Medicaid and those whose income is below the federal poverty guidelines.

**Program:** Title V Child Health/ EPSDT

**Contact:** Janet Beaman and Carol Hinton

**Program Description:** The Maternal and Child Health (MCH) Services Block Grant (Title V of the Social Security Act) facilitates collaboration in assessing the health status of Iowa's communities and families by promoting access to preventive health care for mothers, infants, children, and young adults. The Title V Child Health program focuses on developing systems of care to assure that children receive the preventive health services they should have as they age and grow. A primary focus of the program is to assure that children have medical and dental homes for preventive health care. The program serves children ages 0 to 22 and incorporates services for the Medicaid population under the EPSDT program. Services are provided through contracts with local community-based agencies and include Medicaid presumptive eligibility determinations, informing new Medicaid eligible clients of the EPSDT program, care coordination, and gap-filling direct care screening services.

**Program:** Title V Maternal Health Program

**Contact:** Stephanie Trusty

**Program Description:** The Maternal and Child Health (MCH) Services Block Grant (Title V of the Social Security Act) facilitates collaboration in assessing the health status of Iowa's communities and families by promoting access to preventive health care for mothers, infants, children, and young adults. The Title V Maternal Health Program improves the health of pregnant women and their children by assuring access to prenatal care resources such as medical and dental assessment, health and nutrition education, psychosocial screening and referral, care coordination, help with plans for delivery, risk reduction, health supervision, and postpartum home visits. The program promotes collaboration among health care providers in the local communities to increase access to care.

**Program:** Early ACCESS

**Contact:** Meghan Wolfe

**Program Description:** Early ACCESS is a partnership between families with young children, birth to age three, and providers from the Departments of Education, Public Health, Human Services, and the Child Health Specialty Clinics. The purpose of this program is for families and staff to work together in identifying, coordinating and providing needed services and resources that will help the family assist their infant or toddler to grow and develop.

The family and providers work together to identify and address specific family concerns and priorities as they relate to the child's overall growth and development. In addition, broader family needs and concerns can be addressed by locating other supportive/resources services in the local community for the family and/or child. All services to the child are provided in the child's natural environment including the home and other community settings where children of the same age without disabilities participate.

There are no costs to families for service coordination activities; evaluation and assessment activities to determine eligibility or identify the concerns, priorities and resources of the family; and development and reviews of the Individualized Family Service Plan. The service coordinator works with the family to determine costs and payment arrangements of other needed services. Some services may have charges or sliding fee scales or may be provided at no cost to families. Costs are determined by a variety of factors that are individualized to each child and family.

**Program:** MCH Advisory Council

**Contact:** Andrea Kappleman

**Program Description:** This council serves as an advisor to the Director of Public Health regarding health and nutrition services for women and children. To assist the Iowa Department of Public Health in the design and implementation of Maternal and Child Health (MCH) Services, Family Planning Services, Child Health Specialty Clinics (CHSC), and the Special Supplemental Food Program for Women, Infants, and Children (WIC).

**Bureau of Oral and Health Delivery Systems**

**Program:** I-Smile™

**Contact:** Tracy Rodgers / Sara Schlievert

**Program Description:** The outcome of the I-Smile™ dental home project will be an integrated service delivery system that provides early identification of disease risk, prevention, improved care coordination, and strengthened parental involvement. Ultimately, at-risk children who are currently excluded from the dental care system will be reached and will have a dental home. I-Smile™ is implemented in schools, maternal and child health agencies, public dental health clinics, and other community-based settings.