



PROGRAMS

PERMANENT SUPPORTIVE HOUSING PROGRAMS

Jeremy Orcutt
Program Manager
Anawim Housing



Overview

- For more than 20 years, Anawim Housing has provided permanent supportive housing programs
- Today, we manage over 250 permanent supportive housing units
- These units house families and individuals who come from homelessness and suffer from either a mental illness, substance abuse, HIV and/or defined as medically fragile
- Upon referral through Centralized Intake, the supportive program staff meet regularly with participants, helping them on the road to self-sufficiency

Breakdown of Supportive Housing Programs

- Housing Opportunities Program 1 & 2
- Homeless To Housing
- Shelter Plus Care 1
- Shelter Plus Care 2



Housing Opportunities Program 1 & 2

- Anawim began Housing Opportunities Program (HOP) 1 in 2016 and HOP2 in 2017.
- Together, these programs housed 76 chronically homeless individuals in Permanent Supportive Housing in 2017.
- These programs are funded through HUD.
- Program managers provide case management services in order to address housing stability.



Homeless To Housing

- Homeless to Housing started in 2015 and housed 22 chronically homeless individuals in 2017.
- Anawim program manager provides case management services targeted to stabilize long-term homeless individuals.

81%

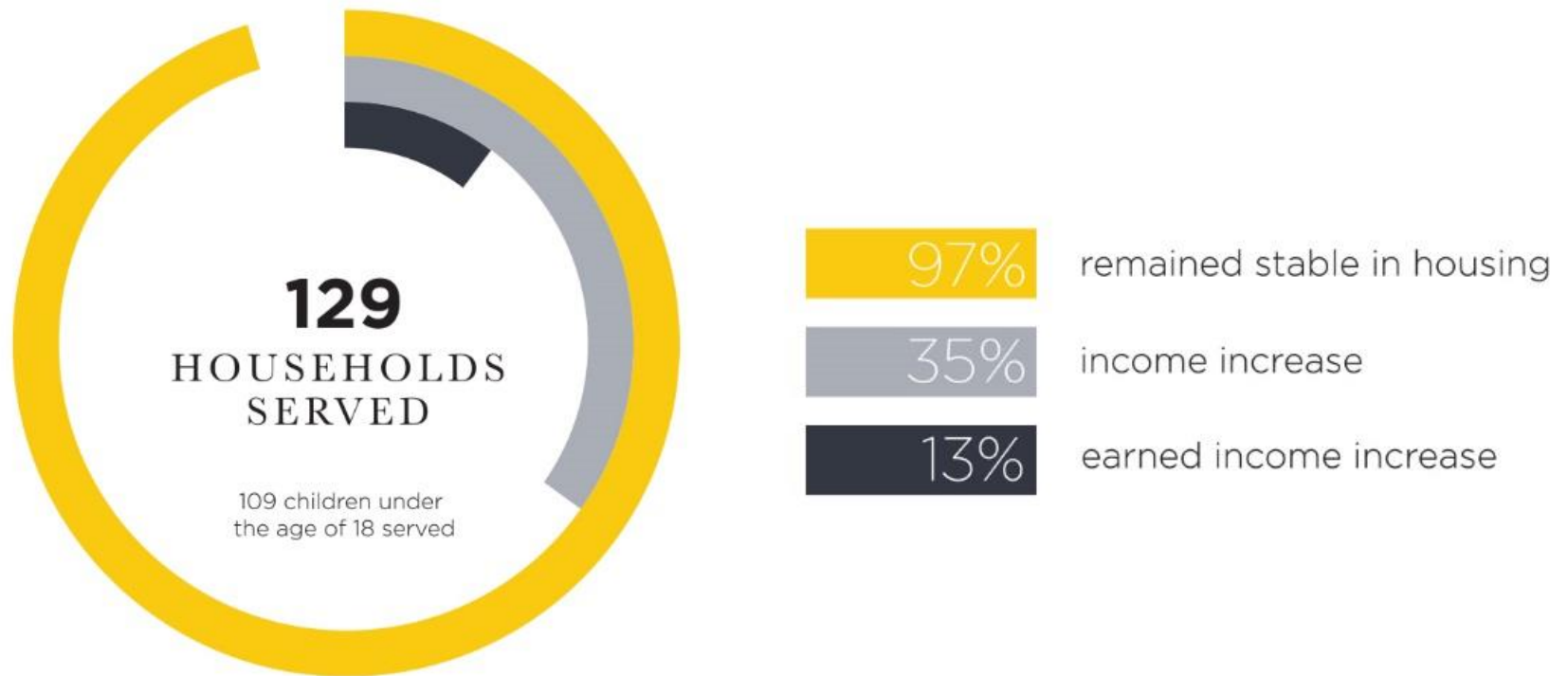
HOUSING
STABILITY

33%

INCOME
INCREASE

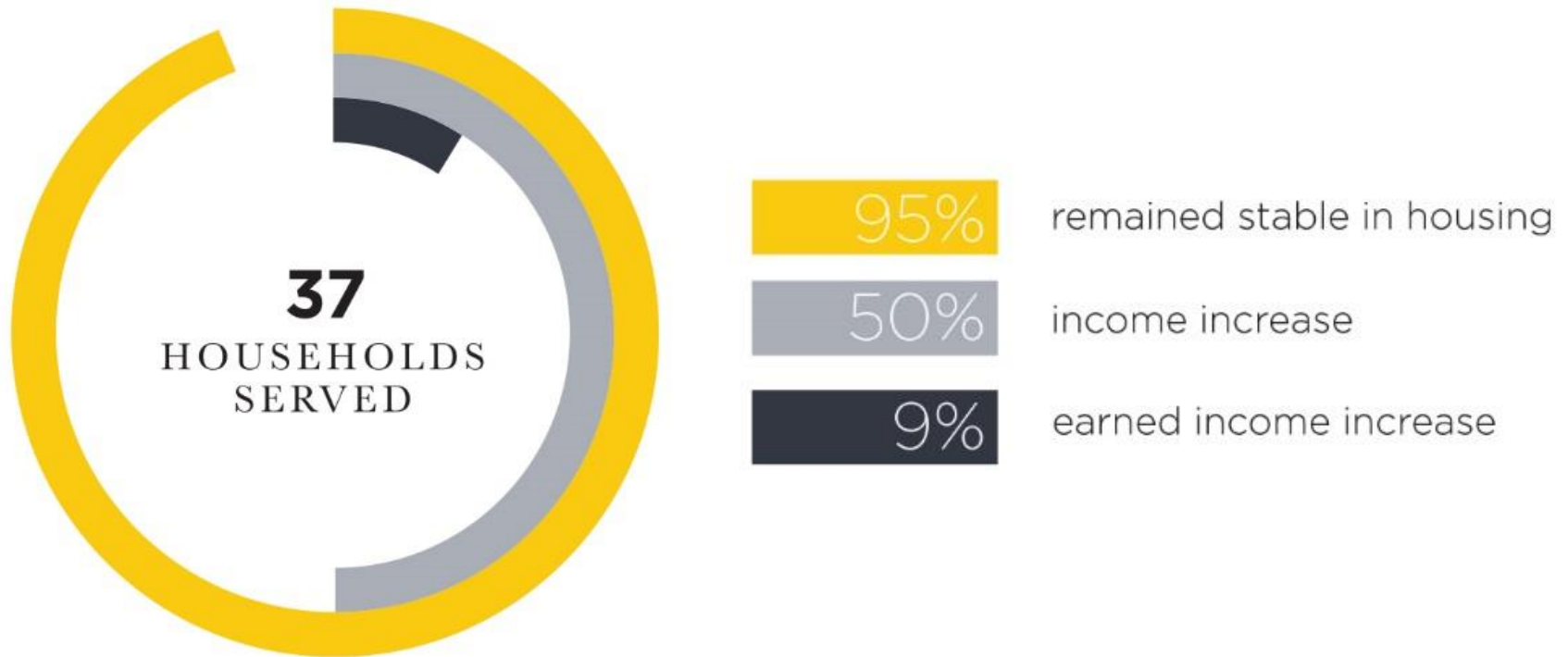
Shelter Plus Care 1

Serving individuals and families who had been homeless



Shelter Plus Care 2

Serving individuals who were chronically homeless



Why we started a Peer Group

- Loneliness - “What should (young) people do with their lives today? Many things, obviously. But the most daring thing is to create stable communities in which the terrible disease of loneliness can be cured.”
 - Kurt Vonnegut, *Palm Sunday: An Autobiographical Collage*
 - Psychology Today reported that when we feel socially isolated our nervous systems automatically switch into 'self-preservation mode', which makes us more abrasive and defensive - even if there's actually no threat. (By Victoria Richards Thursday 12 November 2015)
 - Trauma
- Damage to units
 - Mental Health issues
 - Substance Use Disorders
 - All the above





Pinii ADVANCED
UTILITY
2 GALLON 12PSI AIR COMPRESSOR
COMPRESOR DE AIRE DE 8,6 BARES Y 8 LITROS

Coca-Cola

pepsi

pepsi

046

How we started our Peer Group

- Retreat-January 2018
- Set up a basic format
 - Food
 - Incentives
 - Confidentiality
 - Mindful of who we invited (at first)
- Topic discussions
 - Dealing with Loneliness, Boundary Setting, Anxiety, Stress reduction, How to interact with police, Yoga, Codependency, Art Therapy, Grief and Loss, Tenant rights, and more
- Justice Circles by Fred Van Liew
 - Participant defined rules for safe space

Benefits so far

- It's All Anecdotal
 - Suicide attempt discovered
 - 2 men connected and now doing side jobs together
 - 2 women connected after sharing how they lost their families
 - Some are calling each other outside of the group
 - Program Manager overlap
 - **Participants gain transferable soft skills i.e. communication skills from our circle, time management (learning to show up on time), leadership skills (opportunity to lead the group)**

Where we want to go

- Grow the number of participants
- Measurable Outcomes
 - Reduced incidents of damages and notices
 - Increased self sufficiency
 - Residential stability
 - Participant ownership / leadership of the group

“I know there is strength in the differences
between us. I know there is comfort, where we
overlap.”

— Ani DiFranco